



# Tiara Aesthetics

## **Dermal Filler Information**

Dermal Fillers are made up of a substance called Hyaluronic Acid. This substance is naturally found in our skin and gives our skin hydration and volume. As part of the ageing process our skin loses its elasticity and volume. Thus leading to thinning, and dehydrated skin which further contributes to wrinkle formation. Dermal fillers can be used to restore volume and fullness, thus giving a more youthful appearance. They can also be used to enhance our natural features and contours such as lips, cheeks and many other areas.

***Following treatment, immediate results can be seen with maximal effects at 1 week.***

***Results of treatment last 6-18 months depending on filler product used and procedure performed.***

## **Aftercare advice:**

- Avoid hot environments (Sauna, Steam. Sunbeds or Hot bath) for 24 hours after procedure.
- Avoid high intensity exercise for 24 hours after procedure.
- Avoid excessive alcohol for 24 hours after the procedure.
- Avoid touching or rubbing the injected area on the same day.