



# Tiara Aesthetics

## **Dermal Filler Information**

Dermal Fillers are made up of a substance called Hyaluronic Acid. This substance is naturally found in our skin and gives our skin hydration and volume. As part of the ageing process our skin loses its elasticity and volume. Thus leading to thinning, and dehydrated skin which further contributes to wrinkle formation. Dermal fillers can be used to restore volume and fullness, thus giving a more youthful appearance. They can also be used to enhance our natural features and contours such as lips, cheeks and many other areas.

*Following treatment, immediate results can be seen with maximal effects at 1 week.*

*Results of treatment last 8-12 months for Tear Trough Filler procedure.*

## **Tear Trough Filler**

This procedure involves injecting a low density dermal filler into the area under the eye known as the tear trough, often also described as the underbags, or sunken area under the eyes. This area with the natural ageing process has orbital fat pad thinning and loss of surrounding bone structure causing the appearance of the hollowed appearance under the eyes. Filling this area with dermal filler leads to immediate results and rejuvenated, fresh looking eyes and facial appearance.

Results last for 8-12 months following this procedure. The procedure itself takes 15-20mins to perform. With local anaesthetic cream applied to the under eyes prior to treatment. It is very minimally painful as the approach is very minimally invasive.

At Tiara Aesthetics we use the latest techniques for tear trough filler to minimise and almost negate the risks of vessel damage around the eye. We avoid the use of needles and use a microcannula. This is a blunt tipped instrument which is not sharp and hence not as painful but also glides through the tissue layers of the skin to avoid puncturing any vessels in the area.

## **Aftercare advice:**

- Avoid hot environments (Sauna, Steam, Sunbeds or Hot bath) for 24 hours after procedure.
- Avoid high intensity exercise for 24 hours after procedure.
- Avoid excessive alcohol for 24 hours after the procedure.
- Avoid touching or rubbing the injected area on the same day.
- Avoid Makeup for 3 hours following the procedure.

