



Tiara Aesthetics

Botulinum Toxin Information

Botox® a toxin produced by the bacterium Clostridium A. Botox® can relax the muscles on areas of the face and neck which cause wrinkles associated with facial expressions. Treatment with Botox can cause your facial expression lines or wrinkles to essentially disappear or soften depending on their depth.

Following treatment, expect 7-14 days (1 month for some procedures) before full effect can be seen.

Results of treatment last 4-6 months on average with some patients noting their results lasting longer.

Aftercare advice:

- Exercise the muscles of the treated area for 45 mins following treatment
- Remain upright for 3 hours following treatment.
- Avoid hot environments (Sauna, Steam, Sunbeds or Hot bath) for 24 hours after procedure.
- Avoid high intensity exercise for 24 hours after procedure.
- Avoid excessive alcohol for 24 hours after the procedure.
- Avoid touching or rubbing the injected area on the same day.